



**BOKA BAY
TRAIL**
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PROGRAM / TIMETABLE

SATURDAY 27 th		
Time	Location	What
10:00 – 12:00	Blue Room, Porto Montenegro	BIB distribution (All races) Kids Race registration
12:00 – 13:30	Blue Room, Porto Montenegro	Kids Race
14:00 – 20:00	Omladinski klub, Kotor	BIB distribution (All races)
23:00	Municipal Court, Kotor	Gray Course Bus departure

SUNDAY 28 th		
Time	Location	What
00:00 – 00:45	Škver, Herceg Novi	BIB distribution (Gray Course) Bag drop-off
01:00	Škver, Herceg Novi	Gray Course START
02:45	Municipal Court, Kotor	Red Course Bus departure
03:00 – 03:45	Port of Risan, Risan	BIB distribution (Red Course) Bag drop-off
04:00	Port of Risan, Risan	Red Course START
06:00	Municipal Court, Kotor	Blue Course Bus departure
06:30 – 7:15	Perast Museum, Perast	Blue Course Bag drop-off
07:30	Perast Museum, Perast	Blue Course START
08:00	Municipal Court, Kotor	Green Course Bus departure
08:30 – 09:30	Pine, Tivat	Green Course Bag drop-off
10:00	Jetty One, Porto Montenegro	Green Course START
11:00	Finish Line, Kotor	Expected Red Course Winner
11:20	Finish Line, Kotor	Expected Green Course Winner
11:30	Finish Line, Kotor	Expected Blue Course Winner
12:30	Finish Line, Kotor	Expected Gray Course Winner

LOCATIONS

Blue Room, Porto Montenegro, Tivat - <https://maps.app.goo.gl/dvewLgqzuUwEeN6n7>

Omladinski klub, Kotor - <https://maps.app.goo.gl/qYvim2aeykgauchW8>

Municipal Court, Kotor - <https://maps.app.goo.gl/g3gLSmWYzFVX2sPw8>

Port of Škver, Herceg Novi - <https://maps.app.goo.gl/H6X4VYnaZVtA1Trt6>

Port of Risan, Risan - <https://maps.app.goo.gl/QfUf3f79C6ghERN16>

Perast Museum, Perast - <https://maps.app.goo.gl/TeUDT5pJ9pdAh1nK8>

Pine, Tivat - <https://maps.app.goo.gl/V9ngP8bdP4JGu8GS6>

Jetty One, Porto Montenegro, Tivat - <https://maps.app.goo.gl/pA9btxvL2S2vJkXS9>

Finish Line, St. Tryphon's Cathedral, Kotor - <https://maps.app.goo.gl/UnzdJ5BrDKFb8Hah9>



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BIB DISTRIBUTION

Date	Time	Location
Saturday 27 th	10:00 – 12:00	Blue Room, Porto Montenegro, Tivat - All races
Saturday 27 th	14:00 – 20:00	Omladinski klub, Kotor - All races
Sunday 28 th	00:00 – 00:45	Port of Škver, Herceg Novi - GRAY Course only
Sunday 28 th	03:00 – 03:45	Port of Risan, Risan - RED Course only

Please note that due to a large number of participants, **BIB distribution for the GREEN Course and BLUE Course will be available ONLY on Saturday 27th according to the timetable above.**

The race-bib must be worn on the front of torso at all times and must remain completely visible during the entire race. It must always be placed on top of all clothing and must not be positioned on a leg or on the pack. The runner's name and partner's logos must not be altered or hidden.

Your bib contains information about the course elevation profile and aid station location along the way. Additionally, your BIB has QR code which is used after the race for distribution of photos via **GetPica.com** platform

BUS TRANSFER TO START

If you pre-paid the transfer from Kotor to race start location for your race, please check out the bus departure timetable.

All busses depart from the same location, behind the Municipal Court of Kotor - <https://maps.app.goo.gl/g3gLsmWYzFVX2sPw8>

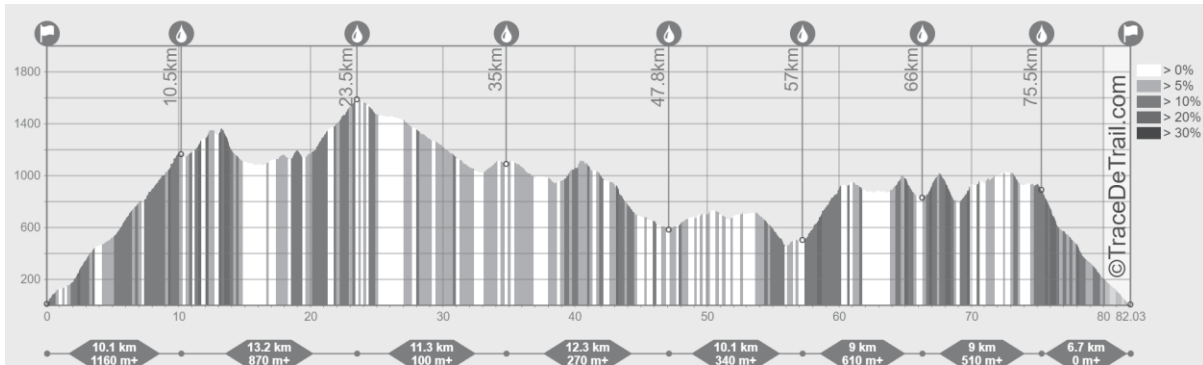
Race	Date	Time	Location
GRAY Course	Saturday 27 th	23:00	Municipal Court, Kotor
RED Course	Saturday 28 th	02:45	
BLUE Course	Sunday 28 th	06:00	
GREEN Course	Sunday 28 th	08:00	



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GRAY Course / 82.0km / D+ 3920m



START - Sunday 28th @ 01:00



Port of Škver, Herceg Novi - <https://maps.app.goo.gl/H6X4VYnaZVtA1Trt6>

TIMETABLE

SATURDAY 27 th		
Time	Location	What
10:00 – 12:00	Blue Room, Porto Montenegro	BIB distribution
14:00 – 20:00	Omladinski klub, Kotor	BIB distribution
23:00	Municipal Court, Kotor	Bus departure

Bus departs from behind the Municipal Court of Kotor <https://maps.app.goo.gl/g3gLsmWYzFVX2sPw8>

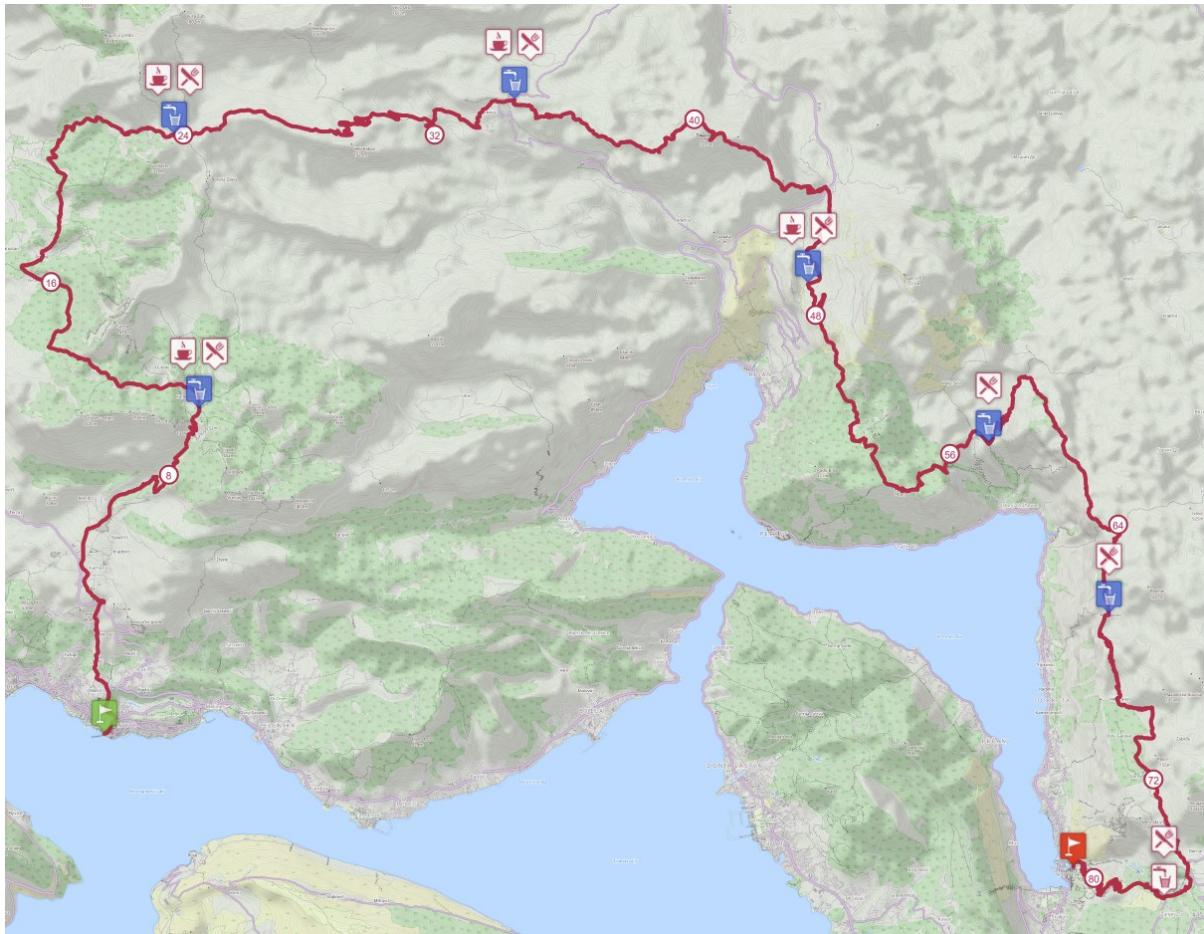


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SUNDAY 28 th		
Time	Location	What
00:00 – 00:45	Škver, Herceg Novi	BIB distribution Bag drop-off
01:00	Škver, Herceg Novi	START
12:30	Finish Line, Kotor	Expected Winner

MAP



Garmin:

<https://connect.garmin.com/modern/course/262461681>

Strava:

<https://www.strava.com/routes/3172837627915692742>

Google Maps:

https://www.google.com/maps/d/u/0/embed?mid=1FI9Uz1Q8jdZ6oGV_Np81s5veXOLN9IFy&ehbc=2E312F

GPX:

https://live.3hercegnovi.me/download/BBT_2024_Gray_Course.gpx



BAG DROP-OFF

Up until 15 mins before the race start, every runner will be able to leave a tagged bag with their belongings that will be transferred to a rest zone at the finish line / Omladinski klub Kotor.

Additionally, GRAY Course runners can drop-off an additional bag that will be transferred to Crkvice aid station @ 35.0 km, and runners can use this option for switching shoes, dry clothes, individual supplementation, etc. Additional bag will be later transferred to a resting area at Omladinski klub, Kotor.

AID STATIONS

Upon arrival at each aid station, every runner must show his number to a volunteer to check-in yourself. First two aid stations on GRAY Course are mountain huts which each runner must enter inside to check-in with volunteer. Skipping the checkpoint can lead to a disqualification.

Location	Distance	Altitude	Cut-off / Info
Start / Port of Škver	0 km	0 m	/
Dom za Vratlom	10.5 km	1150 m	/
Dom Orjen Sedlo	23.5 km	1583 m	/
Crkvice	35.0 km	1090 m	Additional bag pick-up
Ledenice	47.8 km	585 m	08.00h after START
Gornji Orahovac	57.0 km	500 m	10.30h after START
Mali Zalazi	66.0 km	835 m	/
Žanjev Do	75.0 km	893 m	/
Finish / Kotor	82.0 km	0 m	18.00h after START

If a runner arrives at the aid station / checkpoint after cut-off times stated above, he will be marked as DNF and continuing enroute will not be allowed.

MANDATORY EQUIPMENT / BASIC RULES

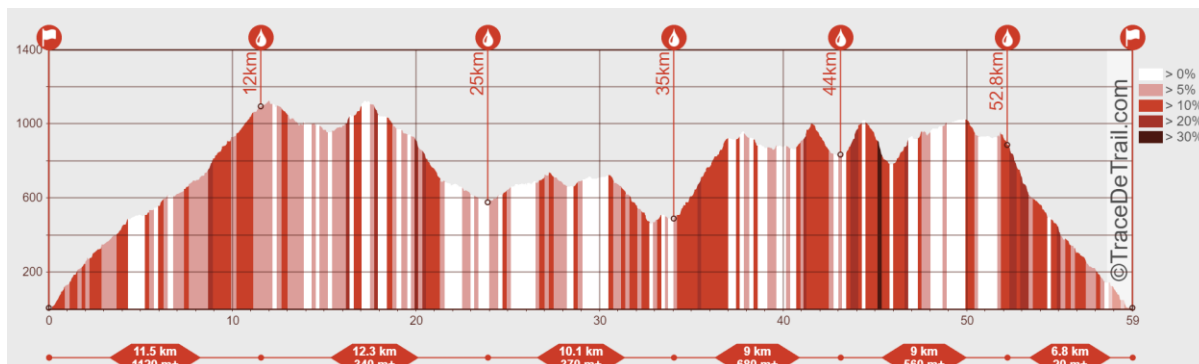
- Basic first aid kit (gauze, bandage, band-aid) + astro foil (space blanket)
- It is required to carry a mobile phone with a charged battery and a valid SIM card
- It is recommended to carry a power bank for your mobile phone
- Backpack with hydration system (or bottle) with a capacity of at least 1 liter
- Headlamp with spare batteries
- Any type of navigation aid is recommended – smart watch, mobile phone with GPX, etc.
- The start number provided with the start package must always be visible from the front, attached to a T-shirt, or on a standard triathlon belt.
- It is strictly forbidden to run without a shirt/jersey, with a bare torso (non-compliance causes disqualification)
- In case of injury of another competitor, you are obliged to provide all kinds of assistance regardless of your current placement (non-compliance causes disqualification)
- It is strictly forbidden to throw garbage (water bottles, gels, etc.) outside the zones of aid stations (non-compliance causes disqualification)
- You participate at your own risk



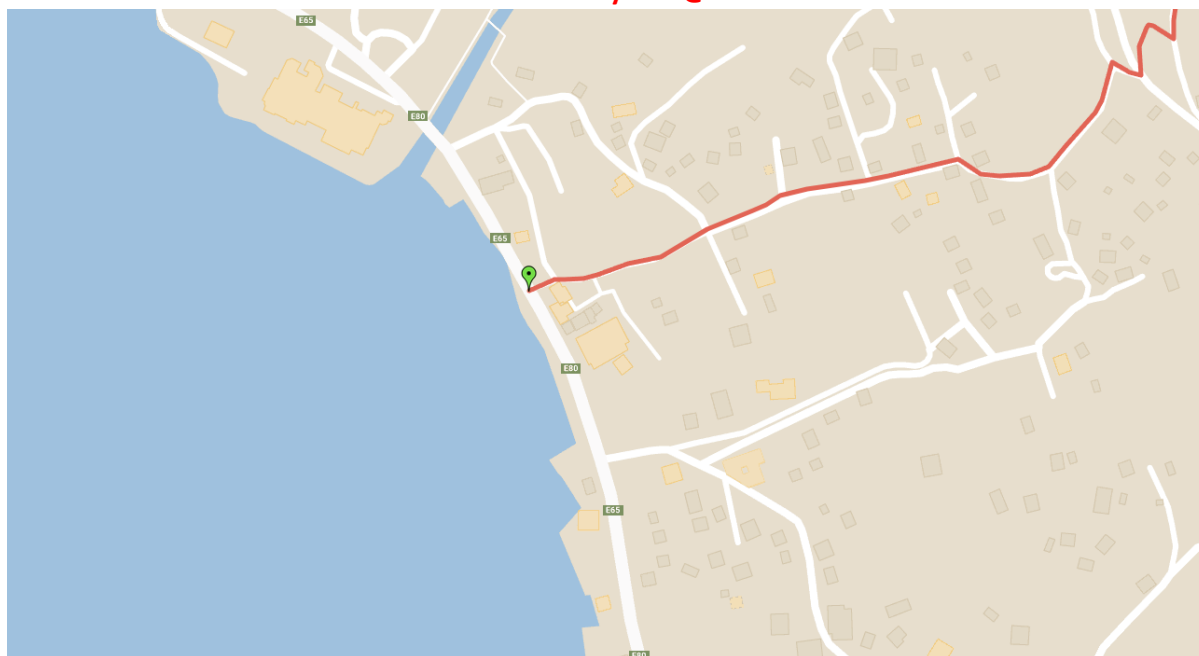
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RED Course / 59.0km / D+ 3130m



START - Sunday 28th @ 04:00



Port of Risan, Risan - <https://maps.app.goo.gl/QfUf3f79C6ghERN16>

TIMETABLE

SATURDAY 27 th		
Time	Location	What
10:00 – 12:00	Blue Room, Porto Montenegro	BIB distribution
14:00 – 20:00	Omladinski klub, Kotor	BIB distribution

Bus departs from behind the Municipal Court of Kotor: <https://maps.app.goo.gl/g3gLSmWYzFVX2sPw8>

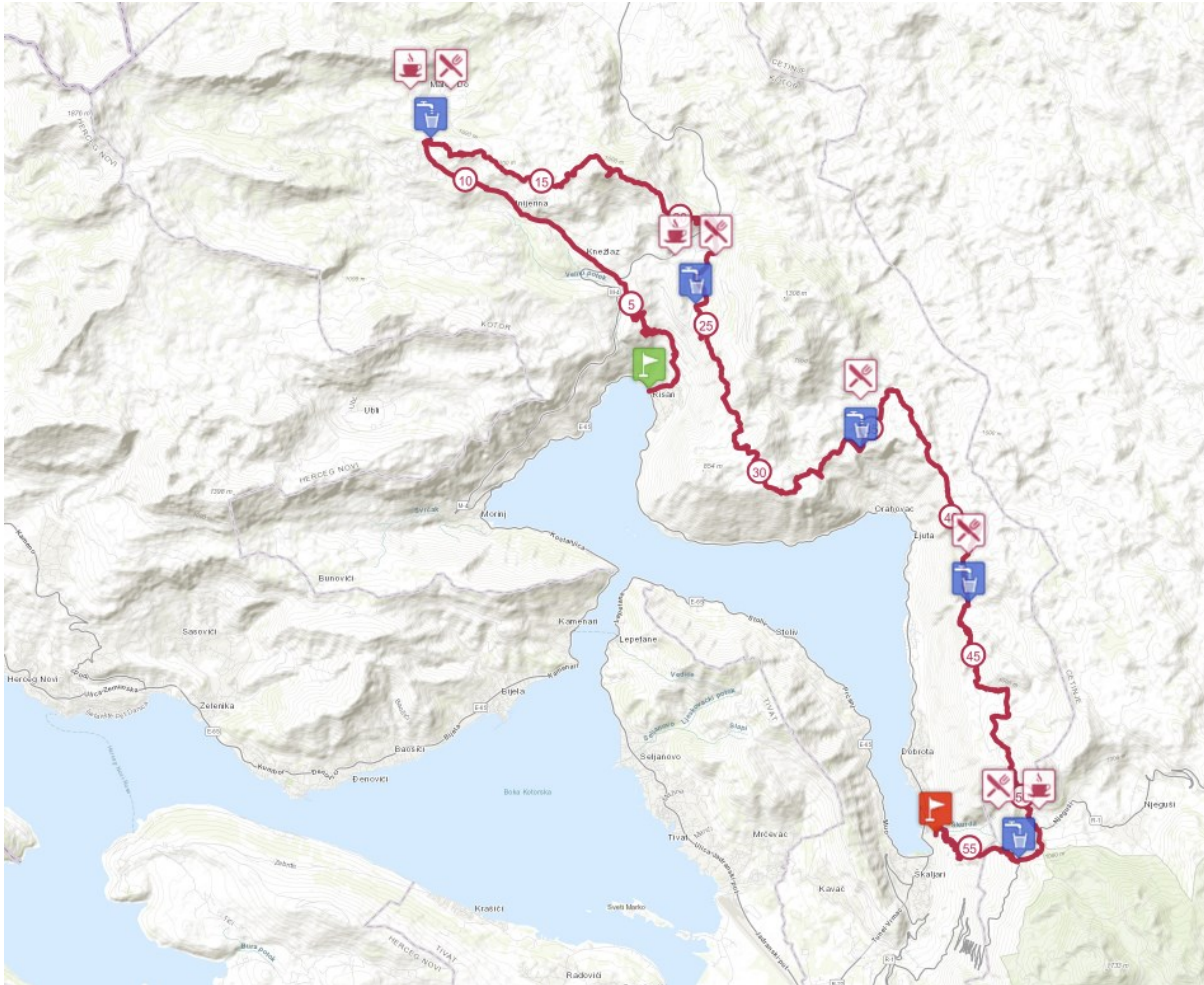
SUNDAY 28 th		
Time	Location	What
02:45	Municipality Court, Kotor	Bus departure
03:00 – 03:45	Port of Risan, Risan	BIB distribution / Bag drop-off
04:00	Port of Risan, Risan	START
11:00	Finish Line, Kotor	Expected Winner



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MAP



Garmin:

<https://connect.garmin.com/modern/course/262461553>

Strava:

<https://www.strava.com/routes/3062785917183376260>

Google Maps:

https://www.google.com/maps/d/u/0/embed?mid=1F19Uz1Q8jdZ6oGV_Np81s5veXOLN9IFY&ehbc=2E312F

GPX:

https://live.3hercegnovi.me/download/BBT_2024_Red_Course.gpx

BAG DROP-OFF

Up until 15 mins before the race start, every runner will be able to leave a tagged bag with their belongings that will be transferred to a rest zone at the finish line / Omladinski klub Kotor.



AID STATIONS

Upon arrival at each aid station, every runner must show his number to a volunteer to check-in yourself. Skipping the checkpoint can lead to a disqualification.

Location	Distance	Altitude	Cut-off / Info
Start / Port of Risan	0 km	0 m	/
Crkvice	12.0 km	1090 m	/
Ledenice	25.0 km	585 m	05.00h after START
Gornji Orahovac	35.0 km	500 m	07.30h after START
Mali Zalazi	44.0 km	835 m	/
Žanjev Do	52.8 km	893 m	/
Finish / Kotor	59.0 km	0 m	15.00h after START

If a runner arrives at the aid station / checkpoint after cut-off times stated above, he will be marked as DNF and continuing enroute will not be allowed.

MANDATORY EQUIPMENT / BASIC RULES

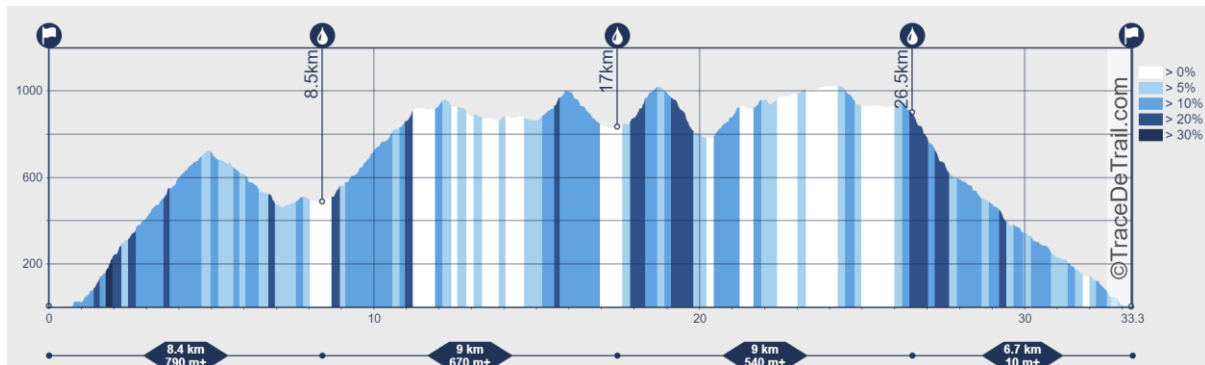
- Basic first aid kit (gauze, bandage, band-aid) + astro foil (space blanket)
- It is required to carry a mobile phone with a charged battery and a valid SIM card
- It is recommended to carry a power bank for your mobile phone
- Backpack with hydration system (or bottle) with a capacity of at least 1 liter
- Headlamp with spare batteries
- Any type of navigation aid is recommended – smart watch, mobile phone with GPX, etc.
- The start number provided with the start package must always be visible from the front, attached to a T-shirt, or on a standard triathlon belt.
- It is strictly forbidden to run without a shirt/jersey, with a bare torso (non-compliance causes disqualification)
- In case of injury of another competitor, you are obliged to provide all kinds of assistance regardless of your current placement (non-compliance causes disqualification)
- It is strictly forbidden to throw garbage (water bottles, gels, etc.) outside the zones of aid stations (non-compliance causes disqualification)
- You participate at your own risk



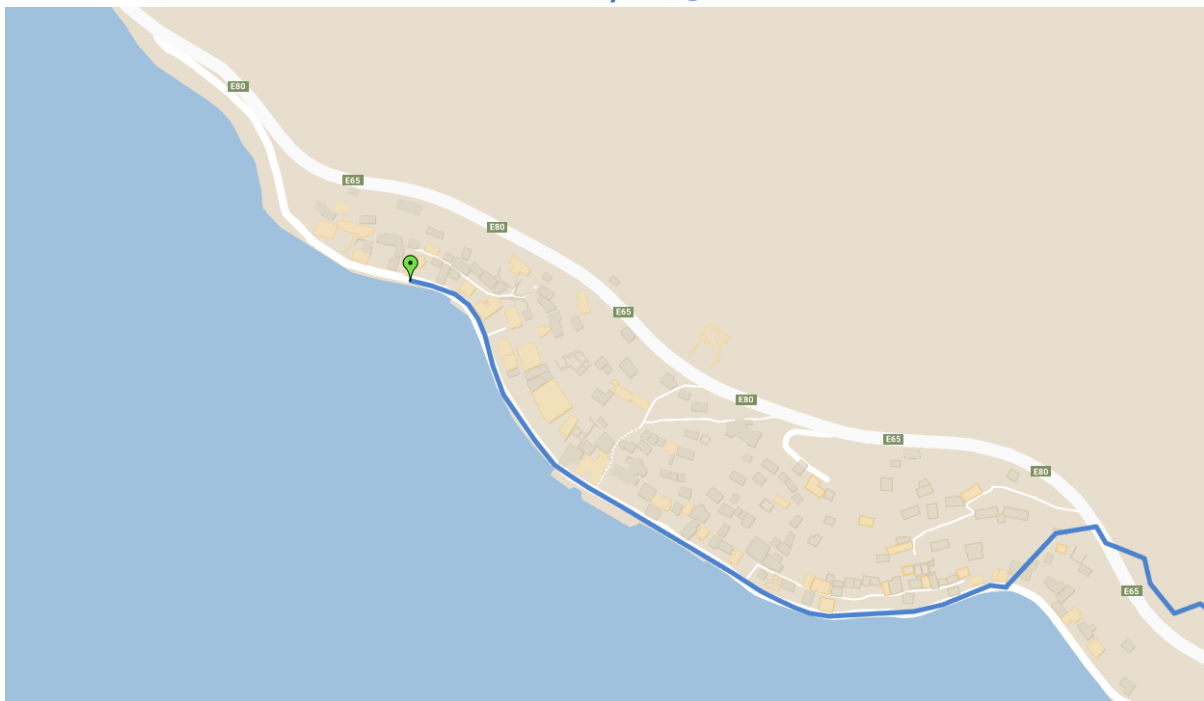
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BLUE Course / 33.1km / D+ 1920m



START - Sunday 28th @ 07:30



Perast Museum, Perast - <https://maps.app.goo.gl/TeUDT5pJ9pdAh1nK8>

TIMETABLE

Please note that BIB distribution for BLUE Course will be possible only on Saturday 27th

SATURDAY 27 th		
Time	Location	What
10:00 – 12:00	Blue Room, Porto Montenegro	BIB distribution
14:00 – 20:00	Omladinski klub, Kotor	BIB distribution

Bus departs from behind the Municipal Court of Kotor: <https://maps.app.goo.gl/g3gLSmWYzFVX2sPw8>



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SUNDAY 28 th		
Time	Location	What
06:00	Municipality Court, Kotor	Bus departure
06:30 – 07:15	Perast Museum, Perast	Bag drop-off
07:30	Perast Museum, Perast	START
11:30	Finish Line, Kotor	Expected Winner

MAP



Garmin:

<https://connect.garmin.com/modern/course/262461220>

Strava:

<https://www.strava.com/routes/3086739304346467430>

Google Maps:

https://www.google.com/maps/d/u/0/embed?mid=1FI9Uz1Q8jdZ6oGV_Np81s5veXOLN9IFY&ehbc=2E312F

GPX:

https://live.3hercegnovi.me/download/BBT_2024_Blue_Course.gpx



BAG DROP-OFF

Up until 15 mins before the race start, every runner will be able to leave a tagged bag with their belongings that will be transferred to a rest zone at the finish line / Omladinski klub Kotor.

AID STATIONS

Upon arrival at each aid station, every runner must show his number to a volunteer to check-in yourself. Skipping the checkpoint can lead to a disqualification.

Location	Distance	Altitude	Cut-off / Info
Start / Perast Museum	0 km	0 m	/
Gornji Orahovac	8.5 km	500 m	04.00h after START
Mali Zalazi	17.0 km	835 m	/
Žanjev Do	26.5 km	893 m	/
Finish / Kotor	33.1 km	0 m	11.30h after START

If a runner arrives at the aid station / checkpoint after cut-off times stated above, he will be marked as DNF and continuing enroute will not be allowed.

MANDATORY EQUIPMENT / BASIC RULES

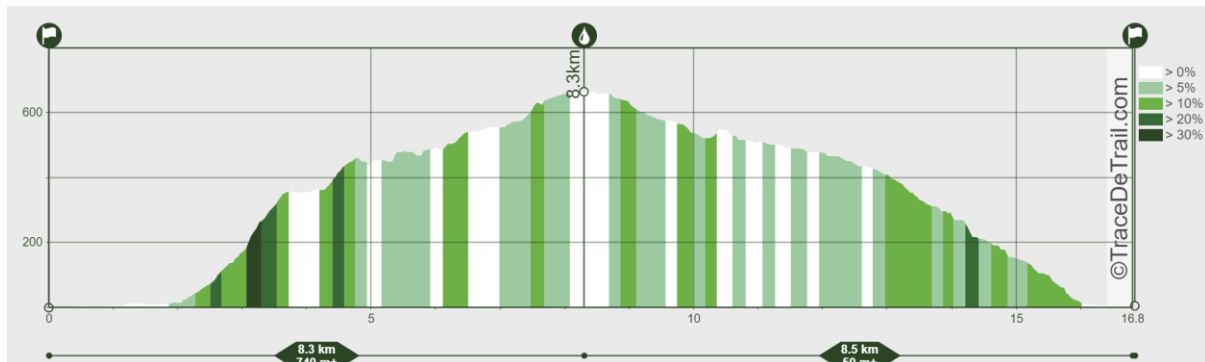
- Basic first aid kit (gauze, bandage, band-aid)
- It is required to carry a mobile phone with a charged battery and a valid SIM card
- It is recommended to carry a power bank for your mobile phone
- Backpack with hydration system (or bottle) with a capacity of at least 1 liter
- Any type of navigation aid is recommended – smart watch, mobile phone with GPX, etc.
- The start number provided with the start package must always be visible from the front, attached to a T-shirt, or on a standard triathlon belt.
- It is strictly forbidden to run without a shirt/jersey, with a bare torso (non-compliance causes disqualification)
- In case of injury of another competitor, you are obliged to provide all kinds of assistance regardless of your current placement (non-compliance causes disqualification)
- It is strictly forbidden to throw garbage (water bottles, gels, etc.) outside the zones of aid stations (non-compliance causes disqualification)
- You participate at your own risk



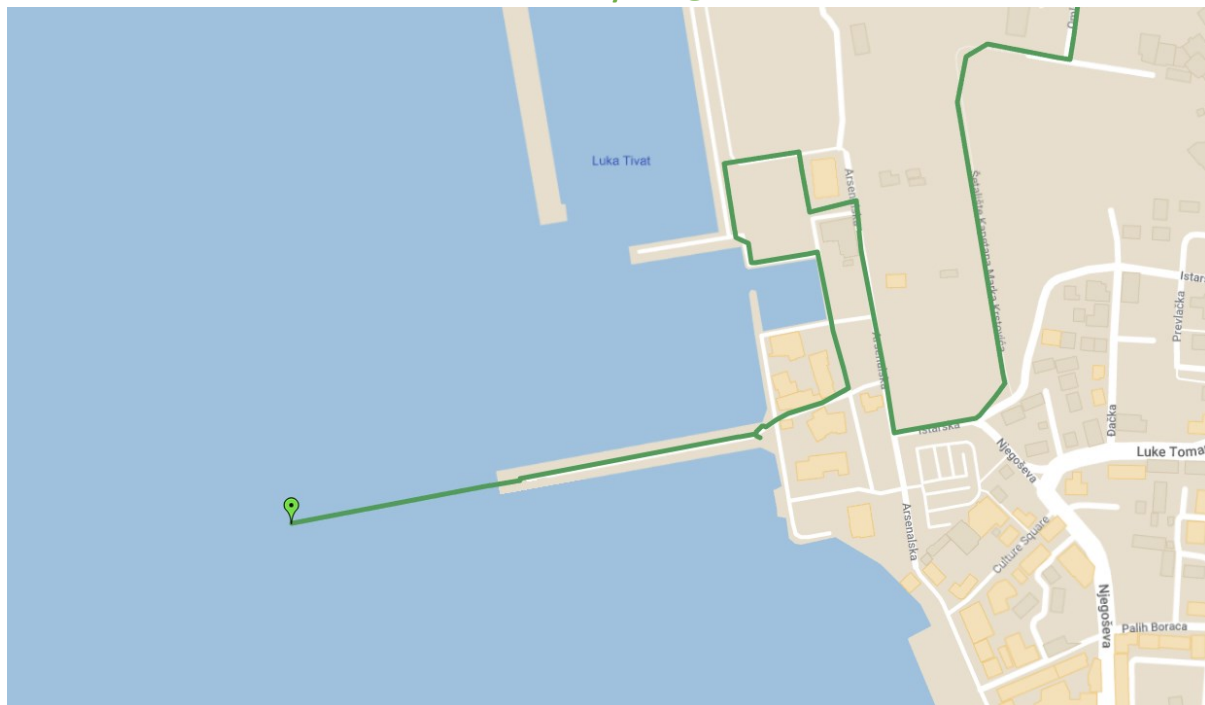
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GREEN Course / 16.8km / D+ 760m



START - Sunday 28th @ 10:00



Pine, Tivat - <https://maps.app.goo.gl/V9ngP8bdP4JGu8GS6>

TIMETABLE

Please note that BIB distribution for GREEN Course will be possible only on Saturday 27th

SATURDAY 27 th		
Time	Location	What
10:00 – 12:00	Blue Room, Porto Montenegro	BIB distribution
14:00 – 20:00	Omladinski klub, Kotor	BIB distribution

Bus departs from behind the Municipal Court of Kotor <https://maps.app.goo.gl/g3gLSmWYzFVX2sPw8>



**BOKA BAY
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SUNDAY 28 th		
Time	Location	What
08:00	Municipality Court, Kotor	Bus departure
08:30 – 09:30	Pine, Tivat	Bag drop-off
10:00	Jetty One, Porto Montenegro	START
11:20	Finish Line, Kotor	Expected Winner

MAP



Garmin:

<https://connect.garmin.com/modern/course/262460688>

Strava:

<https://www.strava.com/routes/2955561383988549384>

Google Maps:

https://www.google.com/maps/d/u/0/embed?mid=1FI9Uz1Q8jdZ6oGV_Np81s5veXOLN9IFY&ehbc=2E312F

GPX:

https://live.3hercegnovi.me/download/BBT_2024_Green_Course.gpx

BAG DROP-OFF

Up until 15 mins before the race start, every runner will be able to leave a tagged bag with their belongings that will be transferred to a rest zone at the finish line / Omladinski klub Kotor.



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AID STATIONS

Location	Distance	Altitude	Cut-off / Info
Start / Jetty One	0 km	0 m	/
Vrmac	8.3 km	670 m	/
Finish / Kotor	16.8 km	0 m	/

MANDATORY EQUIPMENT / BASIC RULES

- Basic first aid kit (gauze, bandage, band-aid)
- It is required to carry a mobile phone with a charged battery and a valid SIM card
- The start number provided with the start package must always be visible from the front, attached to a T-shirt, or on a standard triathlon belt.
- It is strictly forbidden to run without a shirt/jersey, with a bare torso (non-compliance causes disqualification)
- In case of injury of another competitor, you are obliged to provide all kinds of assistance regardless of your current placement (non-compliance causes disqualification)
- It is strictly forbidden to throw garbage (water bottles, gels, etc.) outside the zones of aid stations (non-compliance causes disqualification)
- You participate at your own risk